



## **Responsible Coaching Movement Program Strategies April 2017**

To effectively carry out the Responsible Coaching Movement (RCM) pledge which FVRG signed in 2016, FVRG abides by the following guidelines. Strategies are in place to protect gymnasts, and coaches alike, and are specifically targeted at programming which involves gymnast under the age of 18 years old. These guidelines are always adhered to in planning and are only ever not respected in the case of last-minute emergency situations. Contracts issued for external user groups (eg. Special Olympics) will include a requirement to abide by the RCM guidelines. Guidelines will be reviewed quarterly to ensure they meet the needs of FVRG gymnasts and the nature of programs.

### **Rule of Two**

- Programs are viewable by others at all times. Programs in the gym are viewable from the Fan Zone (parent area) and classroom programs are visible from the gym area.
- Most often, two classes are scheduled simultaneously, as to allow for two coaches to be present at all times. In the case where a second class is not running, another FVRG team member will be present. When private classes are requested at a time where a second FVRG team member cannot be present, a parent will be required to remain in the facility.
- All FVRG team members are provided additional training about appropriate conduct with gymnasts (including anything hands on), and instructed to never be alone with an athlete in a closed situation, how/when to assist a young gymnast in the washroom if there is an issue, or have conversations (or any activities) in the more hidden areas of the gym (eg. storage)
- Adjustments for outreach centre programming (eg. community school)
  - Programs are viewable by others at all times (coach will designate a parent area).
  - The outreach centre is responsible for ensuring there is a second person in the building, should the coach require assistance.
- All Gymnastics Canada travel guidelines will be followed. A coach is not permitted to be alone with a gymnast in any situation.

### **Background Screening**

- Any individual who comes in contact with gymnasts (coach, assistant coach, program leader, administrator, etc) must successfully complete a criminal record check.
- References will be checked for any individual hired by FVRG on an ongoing contract.

### **Respect/Ethics Training**

- Any individual who comes in contact with gymnasts must complete Respect in Sport prior to beginning any role with FVRG
- All coaches must complete Make Ethical Decisions prior to being fully responsible for his/her own group of gymnasts